

**Lewis & Clark Area Service Committee Meeting**  
**Saturday January 16, 2010**  
**Ridge Motel**  
**Bismarck, ND 1pm-5pm**

**THANKS BISMARCK FOR HOSTING!**

**Attendance:** Saul H., Kim K., Don W., Rob H., Tony F., Bart Z., Terresa K., (Jtown) Jason S., Lorelee B., Jamie A., Scot D., Scott M., Marten G., Karla B., Ann, Steve J., Dave, Eddie, Jimmy, Allison, Andy W.

Saul H. called the meeting to order and the meeting was opened with the "WE" version of the Serenity Prayer. John F. read The 12 Traditions of Narcotics Anonymous. Tom W. read the 12 Concepts of Narcotics Anonymous.

Jason S. made motion to approve September 2009 and November 2009 Adjust meeting minutes as revised and John F. second the motion. Motion passed. September 2009 and November 2009 meeting minutes were approved.

**Group Reports**

**Minot:** Freedom Group 8pm, Eddie GSR, Average meeting attendance 25-30. Newcomers at meeting 2-5, Rent is paid through Feb. 10, our key tags and literature is caught up ,the seasonal potluck is on Feb 13, meet and greet at 5pm, eat at 6pm then at 7pm there will be a speaker the speaker is Kory H. We made a donation to area, various treatment centers attend our meetings regular we got the Dakota girls and boys Ranch CDU Brooklyn flats and hope house they attend regularly. We got some people from home group that want to start anew meeting The group is wonder if they can get some kind of guidelines for starting a new meeting, and also getting a group start up kit. We are looking for an answer an how to start a new meeting with in accordance to be a part of the area.

**Sun/Tues/Fri:**

**Jamestown:**

**Mon&Fri:** Overcomers 8 pm, Terresa K. GSR, Average meeting attendance 8. Newcomers at meeting 4-5. Our rent is paid up until the end of February and our balance as of today is \$99.81, with a prudent reserve of \$50.00. We are planning to buy more welcome tags as well as clean time tags as wells as medallions. We are also going to get some literature as soon as we can afford it. We are considering moving the meeting from 8pm to 7:30 pm, to accommodate the TRC group that comes down from the state institution. This may be decided at our next group conscience on Wednesday. As of yet we have not planned any activities.

**Wed:** 518 at 515@ 530 pm, Julie. GSR (Terrasa K. REP), Average meeting attendance 1-3. Newcomers at meeting 2. We've been talking to April from Fargo. We're planning on going to their women's meeting once a month and their group coming to ours once a month. We have one from Jamestown in going, the group hasn't had any luck with attendance. Alanno said we can just pay per meeting, if no one shows up we don't have to pay for that day.

**Bis/Man:**

**Mon:** South Side NA. 8 pm, Scot D. GSR, Average meeting attendance 30. Newcomers at meeting 5-8 weekly. All meetings are opened, handicap assc. and nonsmoking. Ever second Monday of each month is now an open Q&A meeting. The turnout for that has been fabulous. Every last Monday of the month is a speaker meeting, it has been going great. Newcomers at every meeting, consistent attendance. Going very well I'm grateful to be of service thank you.

**Tue:** Frank Lee Earnest 8 pm, Marten G. GSR, Average meeting attendance 18. Newcomers at meeting 3. Larane has stepped down from the GSR position. I step up and will be the GSR until March when the group has e their elections. The group has started a new format and is working good. First Tuesday basic text, second Tuesday IP's, third Tuesday just for today, fourth Tuesday tradition/ concept, and 5<sup>th</sup> Tuesday speaker. Group attendance has slipped a bit and so has donations, as a result the group will not be donating to the area. Rent is paid, literature and key tags are good, prudent reserved is held at bank of \$164.00 and \$40.00 cash on hand. No issues or problems to report.

**Wed:** Oldtimers 8 pm, Lorelee B. GSR, Average meeting attendance 15-20. Newcomers at meeting 2-3. Nothing to report. Group will be donating \$25.00 to the area.

**Thurs:** Eastenders NA 8 pm, Tom W. GSR, Average meeting attendance 35. Newcomers at meeting 3. Good meeting attendance. Making a \$50.00 donation to the area, rent is paid. The book fund has purchased literature for other groups to purchase. Group has strong membership, and also decided to not to hold an excessive amount of money that's why the donation was made, also they will be printing the IP's online to save money.

**Fri:** Keeping the Faith 8 pm, Jamie A. GSR, Average meeting attendance 10-15. Newcomers at meeting 2. Our group is a small group but have regular attendees. We did make a donation to the area prior to our meeting today. Group is checking into getting a bowling night together. We do have our finances back in order.

**Sat:** Saturday night live 8 pm, Andy W. GSR, Average meeting attendance 14. Newcomers at meeting 3-4. Good quality meeting. Group is making \$25.00 donation to the area. Group has also ordered literature and key chains.

**Sun:** Sunday Nite Pick- A-Stick 8 pm Bart Z. GSR, Average meeting attendance 8-15. Newcomers at meeting 2-3. Group is doing ok. The group would like to see more support from members in the area. Set up a new bank account finally. We are still is dealing with

stealing of groups finances from the previous treasurer. Also we have received key tag and literature, so we will be able to have birthday night and literature for those that are in need. The alternate GSR and I went to New freedom center, we talk to Jeff to let him know about our situation and to see what we owe for rent. We also asked if there was anything ever paid for rent. He was happy to talk to us and told us that nothing was owed, and told us that he would get back to us, if anything was ever paid. Just forging ahead and the group are growing strong.

**Mon-Fri/Noon:** Outta the box 8 pm Jason S. GSR, Average meeting attendance 2-4. Newcomers at meeting 1-2. Group attendance is struggling. The group had a conscience about Tuesday and Thursday meeting in Bismarck due to the low attendance it will be at the Ridge in Mandan starting 1-19-10. Tuesday and Thursday will remain nonsmoking. Monday, Wednesday, and Friday will remain smoking. Books have been purchased and receive for the group to sale.

## **Steering Committee Reports**

**Chairman:** Saul H. I'm the chairperson for the time being. Not a whole lot to report. But my positions is up for election today, it be a pleasure for being of service for the past year, I want to say that we came with so much and we did a lot and we got a lot more farther to go. It's been a pleasure to be involved in time that I have been sometime I feel like I haven't done anything. And guys have stuck me on that sometimes. I did want to mention on what Loralee B. did on the Guidelines she did a very good job. For the things that we have done it's been a pleasure.

**Vice Chair:** Kim K., I don't have anything to report either. I'm just astounded for the turnout that we had today. It just brings me a lot of hope and I like having a lot of hope. I can't believe how many people have step up in this last term very, very impressed that people are keeping their word and keeping to their commitments that's progress and a step forward. That things are getting worked into the solution and not the problem. I've gotten that the whole year. Thank you for letting me serve as your vice chair. It has been an honor.

**Treasurer:** Karla B.

<b>Balance ending Nov. 2009</b>		\$1,562.14
Gas Disbursement/ Kory H.	\$42.00	Reimburse for room/ASC \$10.00
Donations: Eastenders NA. 11-12-09	\$50.00	Fri.Nite NA. 11-13-09 \$50.00
<b>Balance ending Dec. 2009</b>		\$1,652.14
<b>Balance as of Jan. 16, 2010</b>		\$1,702.14
\$50.00 donation from Keeping the Faith, NA group 1-8-10		
Friday Nite Bismarck NA		
No outstanding checks in November & December. Ending Balances reflect Lewis & Clark NA check book balances.		

Area gave an approval to have area PO Box to be paid for another year.

**Secretary:** Don W. I don't have too much to report, I'm just grateful to be able to serve as the area secretary for this last year. Good luck to the future servant that will be elected today.

**Activities:** Teresa K. (Jamestown) and Terresa K. (Bis/Man) haven't started working on anything they have a couple members of NA that are willing to help. The L&C ASC had asked us to start on area campout the sooner the better. They were also asked to come up with a date so it can be sent to the NA WAY by April 15, 2010.

**RCM:** Kory H.  
RCM Alt> John F. (Filled in for Kory H.)

I attended the last RSC meeting which took place January 9, 2010. There were 9 motions passed and a few other discussions of importance that I have to report. The motions are listed as follows:

Motions passed:

Motion: 1

Addition to the UMRSC Website Guidelines. Add #3 to the Accountability/Authority Delegated section stating:

The duties of the Web RP position are of such a nature that they require latitude in day-to-day operation of the website. This autonomy includes adding new information, removing information, and other tasks related to the general maintenance of the website. However, any actions other than those aforementioned, which effect the Website and the UMRSC in a substantial way should be discussed and acted on by a collective UMRSC conscience.

Intent:

To clarify the responsibilities and the duties by defining which tasks Web RP may act on with autonomy and which tasks the Web RP should act as an administer of the UMRSC collective conscience.

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Motion: 2

Approve document. "Upper Midwest Region Service Committee of Narcotics Anonymous Regional Website (www.umrna.org) Event flyer posting Guidelines" to be added to Website Guidelines (UMRNA): "Web RP Responsibilities.

Intent:

Establish written procedure for posting of flyers on website. This ensures consistency and adherence to our Traditions and Concepts.

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Motion: 3

Under “Websites Services”. #5 in the UMRSC Website Guideline changes to state: Mailing list service for communications between current and interested previous voting members of the UMRSC. Membership may also be approved for UMRSC Subcommittee communications or any interested members.

Intent:

Establish a general rule for mailing list membership.

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Motion: 4

Under “Website Services”, add#6 in the UMRSC Website Guidelines, stating: Forum service for communications between current and interested previous voting members of the UMRSC. Membership may also be approved for UMRSC Subcommittee communications (through a single point of contact). Forum will also be reconfigured to allow members to read on.

Intent:

Establish a general rule for forum membership and viewing.

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Motion: 5

To move from current web host to a new web host (Dream Host) and sign up with them for a 3 year period at a cost of \$287.00.

Intent:

To be able to provide better service to the UMRNA at a lower cost.

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Motion: 6

UMRSC will pay the domain fees so their areas (L&C ASC & LAASC) can set up their websites as they choose.

Intent:

To promote unity.

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Motion: 7

To participate in the MWZF (Mid-West Zonal Forum).

Intent:

To get registered with the MWZF so we can get put in the rotation to host a MWZF at a later date.

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Motion: 8

Amend UMRNA guidelines to allow for a \$200 travel& a \$100 lodging budget annually for all exec committee members & subcommittee chairs for the purpose of attending UMRSC meetings.

Intent:

To set a standard travel & lodging budget for RSC exec committee members & subcommittee chairs.

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Motion: 9

FDC Chair duties will be expanded to include PR & H&I and a committee be formed to review and revise the FDC guidelines.

Intent:

To better utilize and maximize the efficiency of the Fellowship Development Committee.

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The UMRSC would like to hold a GSR assembly to coincide with our March L&CASC meeting in order to go over the 14 motions that will be voted on at the 2010 WSC (World Service Conference). I would strongly encourage all GSR's to read the CAR (Conference Agenda Report) which can be found at [www.na.org/conference](http://www.na.org/conference). I would also encourage that you take this web address back to your groups so that any members interested can view this information as well as let them know that their opinions are valued and they are welcome to attend and discuss the motions at the GSR assembly.

There's a few UMRSC committee positions open at this time. The open positions are Activities Committee Chair, which was vacated at the last RSC meeting. Treasurer, in which Wes K. is holding an interim position and FDC Chair, in which John F. is holding an interim position. Any interested members who wish to be considered for any of these positions will need to fill out a service resume and submit it at the next UMRSC.

The subject of a Regional inventory was brought up. It was decided that it would be most effective to wait for a while.

The next UMRSC meeting will be held April 10, 2010 in Fergus Falls MN.

**Outreach:** Tony F., As of November 14, 2009, we had a balance of \$205.23. On 11/17 a deposit of \$137.50 was made from auction and some cups money which gave us a balance of \$342.73. Cost of shipping and supplies totaled \$81.52 which left us a balance of \$261.21. Then deposit of \$180.00 was made from the auction of 2 more books and that leave us with a balance of \$441.21 as of today. Thanks to John F. and Bismarck for your enthusiasm in helping H&I have something to work with. So far we've been able to ship books, pamphlets and other materials to 6 facilities and the Devils Lake group. I still have 3 other facilities to send materials to but have to purchase a few things from the WSO before I do.

I have been in contact with Devils Lake and Dickinson and it sounds like both cities meetings are continuing to happen. I hope that they will be represented at this ASC in the future. Both are on our meeting list.

On 11/17 I talked to Wells Fargo about getting a former H&I chairs' name off of the H&I account and they took care of it immediately. I also asked them about the checks and they said just go ahead and use them in spite of the names that are on them. They said I could put others on a signature card and they could sign the some checks and deposit cash because they always run the checks through the computer to see if everything matches up. The only thing we would have to do is bring in a drivers license, ss card, or

debit card from another bank and be in touch with me over the phone to get others on the account.

Thanks to Steve J., we have had the opportunity to get some Basic texts into the Burleigh county jail. They are considering a meeting in their facility if they haven't already done so. Also a meeting continues at the Tompkins Rehabilitation Center in Jamestown on Sunday nights at 7pm. I try to attend that meeting every other week, but that isn't always possible, especially during holidays. Other efforts didn't pan out. For instance, attempts were made to contact certain individuals at West Central HSC and calls were not returned. That appears to be the case with North Central HSC also as I attempted to contact a certain individual by email and did not get a reply. But I sent meeting list and a letter to these facilities and told them we were available for speakers and for helping start meetings wherever they are needed.

In the future, I would like to work on getting our literature into public libraries, even purchasing literature racks to be placed there as I have noticed another fellowship has done things like that at the Alfred Dickey library in Jamestown. Also I would like to attempt at making contact with MRCC (Missouri River Correctional Center) in Bismarck and the DWCR (Dakota Women's Correctional and Rehabilitation Center) in New England.

I am overwhelmed at the amount of cash that has been raised through the auction sale of the 20<sup>th</sup> Anniversary 5<sup>th</sup> Editions. The money will go well toward the funding of H&I as well as PI and other Outreach projects in the future. Some of the money could also be used to fund other fundraisers such as shirts, mugs, or hats. If you have an activity coming up and you think you could auction off one or two of these books, please contact me and we'll make arrangements.

(A letter was read from NDYCC ((North Dakota Youth Correctional Center)) in reference to thanking Tony for the literature that was sent).

## **Elections:**

**Chairman:** Saul H. current. Kim K. and Tom W. were nominated and accepted nomination. Saul H. declined on being nominated. Kim K. voted into Chairman Position. Welcome and good luck Kim K! Saul H., **Thank you** so much for all your hard work.

**Vice Chair:** Kim K. current. Tom W. nominated and accepted nomination. Tom W. voted into Vice Chair position by vote of acclimation. Welcome and good luck Tom W! Kim K., **Thank you** so much for all your hard work and good luck in your new position as Chairman!

**Secretary:** Don W. current. Loralee B. and Jamie A. nominated and accepted nomination. Don W. was asked to serve another year and declined. Loralee B. voted into Secretary Position. Welcome and good luck Loralee B! Don W., **Thank you** so much for all your hard work.

**Treasurer:** Karla B. current. Saul H. and Marten G. nominated and accepted nomination. Marten G. voted into Treasure position. Welcome and good luck Marten G! Karla B., **Thank you** so much for all your hard work.

## **Old Business:**

- 1) Progress on theft of money from Stump Lake Campout of 2008: Terresa K. (Jamestown) was ask at our last area meeting was asked to make contact with said party, and made contact with this person. When she asked this person when asked about money that was to be repaid this person had replied that “That person had dropped issue that did not make the wrong this person that there was no communication about the special meeting that area had about theft from the Stump Lake Campout.” With the information that Terrasa K. brought back we were then going to decide to either drop and write it as a lose or come up with a solution . Jamie A. made the motion that to cut losses and move on. Tony F. Second motion. The motion was denied. Jason S. then made the motion that we contact said party with a stipulation on paying back what is owed within a year. No one second the motion. Motion was dropped. After with a lot of deliberation Tom W. made the motion to turn it over to God. Lorelee B. seconds it. Before it was brought to vote Steve J. called said party, and left message to give him a called back on getting this set straight. Then Tom W. made the motion to drop his motion and to stick with what the area that had voted on back at the special meeting in November 2008. The motion had said to have the party involved to pay it back on their own terms and we leave it at that. Motion passed.
- 2) The tentative set of the Guidelines for L&C ASC : Jason S. made the motion to approve the Guidelines. Jamie A. seconds the motion. Motion passed. It was asked that now that Guideline was approved, when should they be put into effect and fallowed by. Don W. made a motion that the Guidelines take in effect as of the next area meeting on March 20, 2010. Martin G. seconds it and motion was passed. This will give new appointed officers and GSR to get acquainted with the new Guidelines for L&C ASC.

## **New Business:**

- 1) Learning Days: Learning days is a workshop for the GSR to attend to better train them on how NA Service positions are about it will be able to teach them how to operate in NA Service structure. Steve J. had talked to the regional RD, The RD is willing to come down and help our area get the learning days started. Jason S. made the motion for Steve J. to come up with an add hot committee and come with some ideas and bring them to the next area meeting in March. Tom W. seconds the motion and motion was passed.
- 2) CAR Report: the CAR report is known as the conference agenda report can be found on this link <http://www.na.org/?ID=conference-index> The CAR report is to inform us about what is going to be talked about at the WSC April 25- May 1, 2010. John and Wes from Fargo have agreed to put on a GSR assembly on March 13. We decided to hold it in Jamestown.

## **Location for Next Meeting:**

Minot, ND March 20, 2010. 12pm meet and great. 12:30 Reading of the Guide to local services. 1 pm-5pm L&C ASC Meeting. Potluck PLEASE if you CAN bring something yummy to eat. THANKS!

## **Beefs and Bouquets:**

**Beefs:** People had left early do to animosity, there was too much personality going on and people not following the principles of NA. Few people were not letting a loving God guide us through the issue that was being discussed.

**Bouquets:** Bouquets go out to everyone that's a GSR or holds or has held a position showed up today. This is the first time in a long time that the L&C ASC structure had a full body. **A BIG CONGRATES** goes to the new trusted servants and good luck to them on their term. **A BIG THANK YOU** goes to those who recently held position for the area, awesome job on the hard you all did.