

Hello everyone;

First of all, my apologies for not attending in Grand Forks. My children received priority over travel.

Notes on actions taken last several months, if some of it seems simple, we are starting at square 1 as Fellowship committee was totally discontinued apparently and has no existing members.

Committee ideally should be setup as:

Chair, Vice-chair, Treasurer, Secretary, Coordinator, Phone scribe

Activity to date:

Contacted and visited with Jordana, PI for Lake Agassiz= not interested in regional, 2 busy

Contacted Wade, HI contact for Lake Agassiz= interested in helping in whatever way possible, would be interested as vice chair

Contacted Tony= new role as outreach for Lewis and Clark, but would be interested/ would be good as coordinator

Canada= no outreach operations setup at this time, that I am aware of, no names given, did from website did pull names from long ago flyers, no calls made as of yet.

Got region email region at umrna.com (told you some is simple steps)

Was told prior Fellowship committee had its own email (fdcumrna@gmail.com= put in request for username and password to use and check it= told would be checked on= no response received back, I can simply setup new one and move forward, if we don't have username and password= not yet done.

Region PO mailbox= waiting for actual address, got it umrna po box 5393 Fargo, nd 58105 would throw out to regional consent to use same PO box as region, (If we need mailing address), to reduce cost and until such time as it is determined that public relations is self supporting thru our own contributions.

Speaking of contributions, have thrown this out several times and still do not have a straight answer, what if any money was available and left from prior committee, if its zero its zero, but some accountability should have been in place to say balance of committee was this on this date, I still cannot get straight answer on this. I guarantee new committee would be able to say this is our balance on this date, this is balance this date, this is what we spent.

Got list of all activity chairs so Public Relations would be aware of events and make presence with activity chairs known as well. If list has changed my apologies and updates needed but have as follows:

Cathy- Winnipeg 701-866-9929

Chad- Lewis and Clark- 701-202-1454

Tom, Lewis and Clark- 701-202-1253
Chris 701-388-4064 lake Agassiz

I also have printed off list of all facilities for region, excluding Canada at this point (Pretty large and daunting list) anyone got a lot of paper and stamps?

Also it was suggested to me to have people return to facilities they went thru or where in, to spread message of recovery.

I also have been asked for contact list for people leaving facilities for when they return to different towns or areas.

I know from personal experience after leaving facility and not getting connected with program people, I was blasted sometimes within 5 minutes of leaving, sometimes 24 hours but the circus was on again and didn't stop till I was arrested again. Perhaps if people had clean contact to get with first before the connections they may stay clean awhile, long winded but I would like couple solid names, male and female from east side of ND, grand forks, Fargo, Wahpeton, Canada.

I am getting long people wanted this in, so this is best I got for now.

Step 11 would be easier if my higher power would simply call once in awhile.

Jim