

**Upper Midwest Regional Service Committee of Narcotics Anonymous**  
 UMRNA Minutes – April 29<sup>th</sup>, 2007 – Concordia College, Moorhead, MN

<b>Attendance</b>			
Regional Chairperson	July	Currently Paul S.	present
Regional Delegate (RD)	July	Currently Wendy F.	present
Alternate RD	July	<u>Open</u>	N/A
Secretary	July	Currently Charles E.	present
Regional Activities Chairperson	July	Currently Dave W.	present
Fellowship Development Chairperson	July	Currently Alex P.	present
Treasurer	January	Currently Wes K.	present
Regional Co-Chairperson	January	<u>Open</u>	N/A
RCMs: Jim N (Lake Agassiz), Swan L (Lewis & Clark), Robb (L&C Alt RCM). Also present: Daryl F (Web Resource Person), John F (LC ASC Chair), Steve (LC ASC Vice Chair)			

1) **Opened** meeting with Serenity Prayer, 12 Traditions, 12 Concepts, Introductions.

2) **Quorum** was met (LAASC & LCASC RCM’s present). 8 voting members.

**3) Executive Reports**

Chair’s Report – Paul S – no report.

Secretary’s Report – Charles E – no report. January’s minutes prepared by Wendy F approved. (*Note – these April 2007 minutes were taken from Charles’ printed minutes handed out at August 2007 RSC but never approved due to being incomplete and having some errors. Edited by Paul S.*)

Treasurer’s Report – Wes K – Current balance \$1,623.36. Wes K brought to our attention two service fees related to the Regional checking account. A \$2/month check return fee and a \$3/month service fee. Wes will continue paying the check return fee and Wes will attempt to have the service fee waived (See Treasurer’s Report, later).

**4) Subcommittee Reports**

Activities Subcommittee – Dave W - UMRNA Activities committee is planning the Regional Convention / Spiritual Refreshment at Fair Hills Resort (*Activities Report did not survive... Paul*).

Point of clarification – Flyers for Stump Lake event used the UMRNA name and phrase “regional event.” The LCASC brought the idea to the Region and the Region provided funds to seed the event, however, this is not an event planned by the Region. The Body has decided to allow the use of the UMRNA name in an effort to promote unity within the Region

There was some concern regarding a communication between the LAASC Activities Chair (Aaron) person and the LCASC Chairperson (John F) relating to the planning of this event. The Lewis and Clark Area asked that each Area in our Region provide a speaker and a meeting Chair for their upcoming campout at Stump Lake and felt the request was met with some resistance.

Fellowship Development Committee (FDC) – Alex P – Greetings from the Fellowship Development Committee, There have been some changes lately, we have a new treasurer, new secretary, and the coordinator position is currently open. With all the information in the new PR handbook we have been trying to figure out just what it is NA wants us, as a regional committee, to do. Just after the last RSC our committee had decided to meet only twice a month which didn’t allow us to get a good look at the new information we had, so a month ago we decided to start meeting every week again so we can figure out just what it is our committee should be doing. We e-mailed WSO and they said that not only are we, to the best of their knowledge, the first regional

fellowship development committee in North America, the only one they know of like it is in Australia which seems to be more so outreach. So it has been very hard to get a clear message on what we should do. We have been doing a lot of brainstorming and have come up with many new and great ideas on how we can help areas and meetings in our region. We have been on one FDC trip since we last met to deliver a group starter kit to Fertile, MN. We have also heard of a new Meeting forming in Belcourt, ND. We have yet to be in contact with anyone from up there. We have changed our meeting time and place to Wednesday evenings 6:30 pm at the Fryin Pan on Main Ave. in Fargo. Attached is our current budget report. We thank you for your continued support. Yours in Service, Alex P.

LCASC Chairperson volunteered assistance in reaching out to the Belcourt meeting. (*From Wendy's notes:*) Wendy told Alex that she would send him information on FDC in ALSASK Region (Alberta and Saskatchewan).

**Website Report** – Daryl F -- Hits, the number of time any page is viewed, and visits, views from a specific computer, for the last quarter were:

Month	Hits	Visits
February	6249	935
March	8212	1292
April	8150	1325

Our top referrers were NA World Services and Google. I made 17 updates to the website, all ASC minutes and flyers. Yours in service, Daryl F.

**5) Regional Committee Member (RCM) Reports**

**Lake Agassiz Area RCM** - Jim N - \$60 donation to the Region. Jim asked Wendy if she would facilitate the LAASC Inventory using the APT. She said yes. (*See LAASC RCM Report – not found - Paul.*)

**Lewis & Clark Area RCM** – Swan L. – \$100 donation to the Region. LCASC has changed to semi-monthly meetings. The next meeting is May 19, 2007 at 1pm – Hillcrest School, Jamestown, ND. (*See LCASC RCM Report NOTE: The dates for the Stump Lake campout are incorrect as listed in the report – no report found – Paul*)

**Manitoba Area RCM** – not present. Daryl gave an update – Area has a new H&I Chair and that groups have been putting on activities since there is no Activities chair - \$100 donation to the Region.

**6) Regional Delegate (RD)** – Wendy F – Wendy has gathered a great deal of information regarding the Area Planning Tool and presented the Body with this information as relates to performing a Regional Inventory. Charles agreed to updated the RSC Registration form to include the Regional PO Box number and UMRNA name. (*RD Report follows. Sample inventories are on the web site - Paul*)

I have two examples of inventories that I will send out with my report.

- The first one is an Inventory the BC region did just prior to the Area Planning Tool coming out. They had the former RD from Washington Northern Idaho facilitate that one.
- The second inventory is the one that was done at the Canadian Assembly meeting this past November using the APT. Steve R of the World Service Office and Mukam H D of the World Board facilitated that one. We followed the 7 steps outlined in the APT.

Area Planning Tool information can be found at [www.na.org](http://www.na.org) and in the PR Handbook. The latest issue of NAWS News also has an article outlining the steps of the APT and talks about some workshops that they have attended/facilitated. They each took about 3-4 hours long with breaks.

I got my web contact information on the NAWS website updated to UMR RD. Hopefully with this I will be able to get a list of all the meetings that are registered with World in our region. I'm doing this in preparation for Conference Agenda Report distribution. I also sent in the form to update our regional information and received information back that I wanted to discuss.

I sent Alex an example of the Poster that Manitoba Area's PI committee created and distributed. More examples can be found in the new resource material that just came out for the PR Handbook.

#### News from NAWS:

- There is a World Wide workshop in Lincoln, NE May 11<sup>th</sup> to 13<sup>th</sup>.
- You can see draft copies of the new Youth IPs on the website. One IP is for Youth themselves and a second addresses parents. Any input you would like to make needs to be in by May 31<sup>st</sup>.
- I received information from the Human Resources Panel outlining the positions that will be up for election at WSC 2008. To be considered for a position on the World Board, the Human Resources Panel or a cofacilitator, you need to either submit a World Pool Information Form or update any older than 3 years, by August 31, 2007.
- A new Bulletin (#33) has been created that gives information on USA Liability Insurance
- In a past report I mentioned the Locally Developed Resources section of the website ([www.na.org/local\\_resource\\_area.htm](http://www.na.org/local_resource_area.htm)). There were 1500 downloads from this area in Dec and 1300 in Jan, so people are using the resource.
- I received a copy of the Public Relations Manual along with a bunch of resource material. WS is currently working on 21 other pieces.
- The latest issue of NA Way magazine was just put up on the website. I haven't received a copy of it yet, but glancing at it online. There is lots of information about the current Issue Discussion Topics: Building Strong Home Groups, Who is missing from our Meetings and Our Service System. As people put on these workshops, and discuss outcomes on a bulletin board that WS has set up especially for this, WS is revising the questions that are asked in each of these discussions making it more of a back and forth communication instead of waiting to get/give information till the end.

And finally: WCNA 32 is in San Antonio, Texas August 29<sup>th</sup>-September 2, 2007. I have some extra fliers if you haven't seen them yet.

Yours in Service  
Wendy F/UMR RD

#### 7.) Elections:

- a. Paul S intends to run for another term as Chairperson
- b. Wendy F is finishing Year 1 of a 2 year commitment as RD
- c. Charles E intends to run for another term as Secretary
- d. Dave W will not run for another term as Activities Chairperson, Chris C plans to run
- e. Alex P intends to run for another term as FDC Chairperson

#### 8.) Old Business:

a. Bank Account Update – Wes K asked for a formal vote on adding other members as signers on the bank account. The vote was affirmative and Charles E agreed to act as a second signer on the account. The

Body discussed the possibility of incorporating for protection of individual members as well as researching the requirements for gaining 503-C status (non-profit corporation). UMRNA does not currently hold 503-C status.

b. Regional Convention and Activities –

i. John suggested that the Activities Committee keep Spiritual Refreshment in place as the Regional Convention in addition an annual event in each Area supported, but not planned or executed by the RAC.

ii. The Body discussed the RAC's intent to keep Spiritual Refreshment in place in addition to planning and executing a separate Regional Convention that would rotate to a new Area each year. Should Area members within the Areas be available for contacts or resources when planning such an event?

iii. Wendy F suggested planning an event around the presentation of the CAR report, with the possibility of making this a learning day.

iv. Daryl F suggested that the Regional Activities Committee publish their guidelines. The Body and the RAC chairperson were in agreement with this suggestion.

**Motion 1** – UMRNA Regional Activities Committee should develop a draft of their guidelines and bring them before the Body as the RSC Meeting in August 2007.

Maker: Jim N Secinded: Daryl F

Motion Approved 6/1/0

c. Stump Lake Campout – Daryl F will represent Manitoba as a speaker and Wendy F will chair a meeting. Wes K suggested that we hold the next RSC meeting at the event.

**Motion 2** – Hold the next RSC meeting at Stump Lake on August 11, 2007 from 1pm to 5pm.

Maker: Jim N Secinded: Daryl F

Motion Approved 7/0/0

Point Of Clarification – Purpose and scope of the Regional Activities Committee. The RAC should provide resources to each Area.

d. Regional Inventory –

i. In 2006, the Body voted to execute a Regional Inventory, presenting the findings to our Areas and Groups. (*The following is from Wendy's notes – Paul*)

ii. Wendy will email out 2 Inventory examples from other regions.

iii. Motion to Table the Inventory until Wendy and Wes send information out. There seems to be a lot of misunderstanding about what an Inventory is. A lot of people seem to think it is like doing a Guideline update.

**9.) New Business:**

**Motion A** – Add Web Resource Person under Elections. Web Resource – July – currently Daryl F. (Daryl is willing to stand if this passes.

Motion Approved (no record of vote)

**10.) Final Disbursements:**

\$9.00 Treasurer Supplies

\$52.30 Gas for Travel

\$25.00 Facility rent to Concordia (*end of Wendy's additional notes*)