

**Upper Midwest Regional Service Committee of Narcotics Anonymous**  
 UMRNA Minutes – August 11<sup>th</sup>, 2007 – Stump Lake Campground

<b>Attendance</b>			
Regional Chairperson	July	Currently Paul S.	present
Regional Delegate (RD)	July	Currently Wendy F.	present
Alternate RD	July	<u>Open</u>	N/A
Secretary	July	Currently Charles E.	present
Regional Activities Chairperson	July	Currently Dave W.	present
Fellowship Development Chairperson	July	Currently Alex P.	present
Web Resource person	July	Currently Daryl F	present
Treasurer	January	Currently Wes K.	present
Regional Co-Chairperson	January	<u>Open</u>	N/A
RCMs: Jim N (Lake Agassiz), Swan L (Lewis & Clark), Robb (L&C Alt RCM). Also present: Chris C (Reg. Act. Vice-Chair), John F (LC ASC Chair), Steve (LC ASC Vice Chair), Aaron (LAASC Activities Chair), JD (LAASC Activities Vice Chair), Deb			

1.) **Opened** meeting with Serenity Prayer, 12 Traditions, 12 Concepts, Introductions.

2.) **Quorum** was met (LAASC & LCASC RCM's present).

**3.) Executive Reports**

Chair's Report – Paul S – no report.

Secretary's Report – Charles E – no report found. *(Note: These minutes were prepared by Paul S with help from Wendy F. -- Charles passed out the minutes he had created from the April 29<sup>th</sup>, 2007 meeting. There were some pieces missing. John F was concerned with what was said about the Stump Lake Campout organization. Charles said he would have the April minutes corrected and sent out with the August minutes within 10 days. Jim suggested we approve the minutes through the mailing list.)*

Treasurer's Report – Wes K – no report found. Wes said that Administrative was running short of funds for their budget. He also requested that people email their new budgets prior to the October 2007 meeting.

**4.) Subcommittee Reports**

Activities Subcommittee – Dave W – see appendices for report and financial statements.

Fellowship Development Committee (FDC) – Alex P – Fellowship Development Committee Greetings from the Fellowship Development Committee, Lately at FDC, we have been concentrating on how we can better serve the areas needs as well as individual groups. We haven't gone on any FDC visits lately, and have not had many contacts from groups needing help, other than a few from the Lake Agassiz Area. We've been working on a regional meeting list for awhile and I have copies for review, and input would be appreciated. We have also been discussing the possibility of opening up a service office in our region. We feel that it would benefit our region. We have also just received the new Resource Material for Ch. 11 Fellowship Development in the PR Handbook. We are currently meeting every Wednesday at the Fryn' Pan on Main Ave. in Fargo, ND at 6:30 pm. Our average attendance is 2-4 willing addicts. This is an exciting time to be apart of NA service. I am also planning to run another term. Yours in Service, Alex P

Website Report – Daryl F -- Hits, the number of time any page is viewed, and visits, views from a specific computer, for the last quarter were:

<b>Month</b>	<b>Hits</b>	<b>Visits</b>
May	8180	1360
June	8501	1496

Again this quarter our top referrers were NA World Services and Google. I made 19 updates to the website, all ASC minutes and flyers. Yours in service, Daryl F.

Daryl was asked to add Meeting List hits to his next report.

## 5.) Regional Committee Member (RCM) Reports

**Lake Agassiz Area RCM** - Jim N -- The LAASC (Lake Agassiz Area Service Committee) is doing well with good participation in our L.A. Area meetings and in our H&I, PI, Activities, and Ad Hoc committees. NA meetings are experiencing growth in attendance and many members are building up clean time. Some Area committee's chairs have recently successfully fulfilled their year commitments and we are beginning to refill these positions. Open positions are: Vice Chair (open for some time), H&I, PI, and Scribe. Jeremy T has been elected Treasurer.

Our July's ending balance was \$364.89. Rachael W. did a great job as Treasurer.

These are highlights from the following committees:

- **H&I**

1. Meets weekly with good participation.
2. Letters notifying treatment facilities of our H&I committee is beginning to pay off. Clay County Juvenile Detention Center's NA Meetings will be going from once a month to several per month and will include female NA members. Churches United, a Moorhead Homeless Shelter, will be starting an NA Meeting for Just Residents and an NA meeting open to all addicts. The challenge will be in finding willing volunteers for these Meetings.
3. Mike D., outgoing chair, has done well rebuilding this committee.

- **PI**

1. Meets monthly - 8 members including an H&I Representative.
2. Quarterly Meeting Lists - 1,300 Copies - new groups on the Meeting Lists: Mahnomen, Park Rapids, Naytawaush, and a new young people's Group.
3. Phone Line is being maintained well by Jeremy T.
4. Public Flyers Project - 60 Locations
5. Basic Text Project - 9 Basic texts distributed to area libraries.
6. Information Packet Project
7. PI & H&I is starting to work together.
8. George P., outgoing chair has done a remarkable job.

- **Activities**

1. Meets weekly - Aaron C. and committee puts forth hard work.
2. "Quitter's Day Picnic" and Service Begins with Me" both successful.
3. Planning for "Now Campout" (August 24 -26) is ongoing.
4. NA Groups Hosted events: "Serenity in the Park" - "Serenity Social"

- **Ad Hoc - Area Guidelines**

This committee chaired by Frank H. has been meeting weekly to bring forth recommendations to update our Area Guidelines. They are near completion.

- **Ad Hoc - Input for Youth IP Project**

This committee, chaired by Nancy G. met weekly which resulted in input to this project.

- **Ad Hoc - Service Flyer**

This committee will soon have a new chair which should give this project new life.

LAASC has begun discussion on the use of the Area Planning Tool.

These are some of the motions that we have passed:

1. Donate \$30 per month to the UMRNA.
2. Donate or make a payment to all establishments where we hold our Lake Agassiz Area meetings.
3. Our Annual Fall Banquet is to be held on the 2<sup>nd</sup> weekend in October.
4. Include the intent of all motions that are reported in our Area Minutes.

**Lewis & Clark Area RCM** – Swan L. – no report found. There is a new group in Fort Yates – a possible FDC trip. H&I sold shirts and magnets. There is also a new meeting in Bismarck.

**Manitoba Area RCM** – not present. Daryl F talked about the border issue.

## **6.) Regional Delegate (RD) – Wendy F**

Getting ready for the CAR Report:

- I expect that the next Conference agenda report will be coming out soon after our next regional meeting, late November or early December. In preparation for getting it to each Group in our region, I have printed off copies of all the meetings that are registered with NAWS under UMR region. I'd like each RCM to look over the list for their area and give me any new contact information they have for groups, including email addresses.
- I'd also like to have some preliminary discussion about the handling of the CAR report in new business.

NAWS literature update:

- Basic Text Project: The approval form will be released September 1.
- Service Material Available soon: Atmosphere of Recovery: Violent & Disruptive Behaviour, An introduction to Narcotics Anonymous Meetings, Group Trusted Servants: Roles and Responsibilities, and Group Business Meetings. Other service material being worked on includes: Atmosphere of Recovery: Medication and the NA Group, Leadership: The Benefits of Service, and What Is NAWS. All these pamphlets will all have a different look to distinguish them as service material.
- Youth IP Project: NAWS is currently going through the input that they have received on the two new Youth pamphlets (one for youth themselves and the other for parents). There was also a bilingual workshop at the Youth Convention in Montreal with the IPs being translated.
- PR Handbook resource material: Addenda for chapters 2, 4, 5, 6, 7, 9 and 11 have been completed and can be found at na.org. 14 additions addenda have been approved (for chapters 3, 6, 11, and 12). With these additions, the handbook is now double the size it was when initial published and a price increase was needed, effective September 1.

Other News from NAWS:

- The Business Plan workgroup came up with some ideas and recommendations regarding financial contributions. NAWS feels that it is important to relay a message of shared responsibility for our primary purpose. On that note, there will be a series of articles in The NA Way Magazine about contributions.
- The new 2-page World Pool Information Form is now available. It will not only be used for workshops, workgroups and other activities, but will also be used for World Board, Human Resource Panel and WSC co-facilitator positions, replacing the old 4-page form.
- On that note: To be considered for a position on the World Board, the Human Resources Panel or WSC co-facilitator, you need to either submit a World Pool Information Form or update any older than 3 years, by August 31, 2007.
- And finally: WCNA 32 is in San Antonio, Texas August 29<sup>th</sup>-September 2, 2007 – less than 2 weeks away.

Yours in Service

**7.) Elections:**

- a. Chair - Motion that Paul S automatically be voted in because he is already Chair and no one else is running. Passed. Wendy was the only one against it. Jim asked why. Wendy explained: People could feel pressured to vote a certain way or accept an automatic outcome because everyone else was. Need to keep the secret ballot. The vote was retaken and we will keep doing the secret ballot. Paul was re-elected.
- b. Secretary – Charles E was re-elected.
- c. FDC Chair – Alex P was re-elected.
- d. Activities Chair – Chris C was elected (he even had a written resume!!!)
- e. Co-Chair – John F was elected.
- f. Alternate RD – Wes K was elected even though he is already the Treasurer after much discussion.

**8.) Old Business**

- a. Regional Inventory – We agreed that it be done by August 2008. We will try to find an RD or former member of another Region to facilitate.

**9.) New Business**

- a. Rent – Already covered by the NA Campout.
- b. Signing Authorities??
- c. Next meeting – Sunday October 7<sup>th</sup>, 2007 at noon in Winnipeg.

**UMR ACTIVITIES FINAL REPORT**  
**August 11, 2007**

Greetings to all:

First of all, I would like to thank the Activities Committee for the awesome job putting on this year's convention. Everyone did their part and as a result, we had a very successful event.

UMRCNA XXIV, by most accounts was successful. We experienced only minor problems with regard to registration on site. The weather provided us with an opportunity for more people to attend indoor events. The newest activity, being the pool/ping pong tournament, was well attended and enjoyed by all. The workshops were well attended and our main speaker was excellent. The talent show, volleyball and fishing tourneys were all hits as usual, along with the karaoke where a number of people took the stage to display their talent. Fair Hill's staff was extraordinary as usual with top notch service, food and hospitality. We had a good exit meeting with the staff as always to discuss plans for next year. After 15 years, we are getting the bugs out and each year there seems to be fewer problems.

On a personal note:

It would be shame after all these years of fine tuning this event, we should decide not to do it anymore because of NA politics. Each year more people attend and comment "Why did I wait so long". "This place is awesome". "What a bargain for the price", "See ya next year". There seems to be a general consensus among committee members that if UMR doesn't continue to host the event, the UMISO will pick it up and in fact have talked about it for previous years. So, if worst comes to worst, we will still have the event to attend.

Now to the financial results:

As you will notice there are slight discrepancies between numbers that were totaled by the till and what we actually deposited. We reviewed the cash register tapes and weren't able to determine the exact point of error. Here are the numbers. The register was coded for each transaction.

Here are the final account of all expenses and revenue. All the banking transactions are listed by number, amount and issued to: The beginning checkbook balance was \$1880.00. After all debits and credits, the final bank balance is \$3126.37. The amount to be flushed back into the account for start-up next year is \$1290. This is down from last year due to a lower number of attendees this year. The potential incoming chair has some good ideas to increase attendance for next year that I am sure he will happy to share with the committee.

Check #	Issued to	Payment for	Amount
2025	Paul Sanford	flyers	95.49
2036	Office Max	flyers	116.72
2037	Bonescot	T-shirts (144+)	817.42
2038	Jim Nypen	stamps/mailings	62.55
2039	Jamestown Overcomers	RSC mtg. room (reimbursed)	30.00
2040	John Bailey	Art supplies(banner)	75.00
2041	Jim Nypen	stamps/mailings	29.76
2042	Postmaster	PO Box	40.00
2043	Natl. Pen	Pens	86.67
2044	Dave Williams	badges, walkie talkies, etc	33.70
2045	Valley Printing	Itineraries (400)	130.67
2046	Crown Trophy	Trophies, awards	111.94
2047	George Peterson	Audio tapes (ten pack)	13.77
2048	Fair Hills	Speaker lodging	184.00
2049	Electric Breeze	Entertainment	500.00
2050	Jennifer Kraft	Supplies for Olympics	67.76
2051	VOID		
2052	Jim Nypen	printing, postage	111.10
2053	George Peterson	batteries for radios	12.71
2054	Fair Hills	Gift for speaker	22.00
2055	VOID		
2056	Fair Hills	Reg. package from '06 (auction)	184.00
2057	Matt Haugen	Speaker travel expenses	226.20
2058	Uline	wristbands	55.17
<b>2059</b>	<b>Fair Hills</b>	<b>day passes, newcomers, meals</b>	<b>570.00</b>

The \$570 paid to Fair Hills is for the following...\$130 for Saturday Daypass

**\$350 for Saturday Newcomer w/meals  
\$90 for Sunday Daypass**

Sub Total.....\$3,576.63  
 Minus the reimbursed \$30 from RSC mtg.  
 Total expenses.....\$3,546.63  
 Bank deposits= Pre-Registrations and T-shirt sales

Deposits 1/31/07 .....\$110.00  
 3/20/07.....234.00  
 4/05/07..... 265.00  
 4/23/07.....220.00  
 4/27/07.....110.00  
 5/08/07.....185.00  
 5/17/07.....100.00  
 Sub-Total..... \$1,224.00

Deposits after event:  
 5/30/07 .....3,534.00  
 6/01/07 .....62.00 Collected prior to but not deposited  
 8/06/07 .....35.00 IOU's on T-shirts

SubTotal ..... \$3,631.00  
 Grand total.....\$4,855.00  
 Total expenses.....\$3,546.63

Total profit... ..\$1,308.37

See attached spreadsheet of on site revenue by category

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PLU	Category	Price	Register	Notes
1	Sat Daypass	\$10 (suggested)	\$130.00	
2	Sat Day & Supper	\$5 (suggested) 14@70	\$70.00	
3	Sun Daypass	\$10 (suggested) 8/85	\$90.00	\$5 extra
4	On-site Registration	\$30 31@30	\$940.00	\$10extra
5	T-shirts	\$10 & \$12	\$295.00	
6	Raffle	3/\$1, 20/\$5	\$261.00	
7	2008 Pre Registration	86 @ \$15	\$1,290.00	
8	Silent Auction	\$170 bid the for banner	\$597.00	
		Cash Register Tape totals	\$3,673.00	

We purchased 144 T-shirts plus odds and ends that were one of a kind and either raffled or auctioned off. We also donated 8 shirts; 2-MNNAC, 2-Manitoba, 2-SBWM, 1-Kansas, 1-SD. Several were sold at a reduced rate of \$5 & \$6 due to slow sales at the event. There was no key code on the cash register for the reduced rate so it was just added as a general sale and not specifically accounted for. My apologies to the RSC for the accounting error. It has been duly noted for next year's chairperson.

The remaining shirt inventory is:

XL-28, L-8 and M-1. There were about 35 sold prior to the convention and 25-30 sold onsite before they were reduced in price.

In Service,  
 Dave W.  
 Chair