

UMRSCNA
Order Of the Day for January 13, 2007

- 1) New Business submitted to the Chairperson, financial requests submitted to the Treasurer, Sign-In.
- 2) Open meeting with Moment of Silence followed by the “We” version of the Serenity Prayer, 12 Traditions, 12 Concepts.
- 3) Introductions
- 4) Quorum Call
- 5) Approval of last meeting’s minutes
- 6) Treasurer’s Report
- 7) Secretary’s Report
- 8) Chair’s Report
- 9) Elections:

Regional Chairperson	July 2007	Currently Paul S.
Regional Delegate	October 2008	Currently Wendy F.
Alternate Regional	October 2008	Currently <u>Needed</u>
Secretary	July 2007	Currently <u>Needed</u>
Regional Activities Chairperson	July 2007	Currently Dave W.
Fellowship Development Chairperson	July 2007	Currently Alex P.
Treasurer	January 2007	Currently Dieter J.
Regional Co-Chairperson	January 2007	Currently <u>Needed</u>
- 10) Regional Committee Member Reports: LAASC, LCASC, MASC
- 11) Regional Delegate Reports
- 12) Sub-committee Reports
- 13) Ad-hoc Committee & Resource Reports: Website
- 14) Old Business:
 - a) Regional Inventory - Passed 2006
 - b) Discussion on Regional Convention moving to each Area
- 15) New Business
- 16) Disbursements
- 17) Confirmation of next UMRSCNA meeting
- 18) Adjourn meeting with Circle of Unity and the 3rd Step Prayer

UMRNA
Minutes for October 29, 2006

- 1) 12:30pm New Business submitted to the UMRSCNA Chair, financial requests submitted to the UMRSCNA Treasurer.

Sign In:

Paul S.	Regional Chairperson
Dave S.	Regional Activities Committee Chairperson
Dena N.	RCM – MASC (prepared October minutes)
Wendy F.	RD Alternate
Wes K.	RD
Swan L.	RCM - LCASC
Rob H.	Alt. RCM – LCASC
Jim N.	Alt. RCM – LAASC / Regional Secretary
Dieter J.	Regional Treasurer
Daryl F.	Regional Website Resource Person
Frank H.	NA Member
Charles E.	
George P.	Addict
Neil C.	Addict
Jess V.	Addict
Alex P.	Addict
Mike D.	Addict
Mike B.	Observer
Verna M.	

- 2) Open Meeting with a Moment of Silence, followed by the “We” version of the Serenity Prayer, 12 Traditions, and 12 Concepts.
- 3) Introductions
- 4) Quorum Call: 7 voting members, 3 RCMs (active areas) - yes
- 5) Treasurer’s Report:
- Regional Account Balance is \$2419.84 as of 9/14/2006
 - UMR budget presented for budget process today.
 - The bank statements were not being sent to the treasurer due to online banking accidentally being activated. He has them now via email. The most recent statement is Sept. 16/06.
 - Report records will be amended to reflect the correction of some documenting errors.
 - The position may be open in January, 2007.
- 6) Secretary’s Report:
- Secretary budget submitted.
 - Secretary resigned due to conflict with his area guidelines.
- 7) Chair’s Report:
- First meeting as chair.
 - Budgets are due today.
 - Please email a copy of your report to the secretary, or the person doing the minutes.

.....CHANGE TO THE ORDER OF THE DAY.....

New business:

Motion 1: To change term from 1 year to 2 years for RD and RDA position, with a one term limit for each.

Intent: To clarify position as a two year term. The process has been to re-elect after WSC year.

Maker: Wes K. 2nd: Wendy F.

Vote: 7-0-0

Result: Passed

Motion 2: To move the time from July to October for elections of RD and RDA.

Intent: To allow enough time for the RD team to present info back to region.

Maker: Wes K. 2nd: Jim N.

Vote: 7-0-0

Result: Passed

.....RETURN TO THE ORDER OF THE DAY.....

.....BREAK FOR 10 MINUTES – RE-OPEN WITH SERENITY PRAYER.....

8) Elections:

Regional Delegate

Wendy F. - Nominated

Elected

Fellowship Development

Alex P. – Nominated

Elected

Committee Chairperson

9) Regional Committee Member Reports:

LAASC:

- PI (George P. Chair) is producing and distributing meeting lists quarterly. Plans are in progress for distributing packages to treatment centres, schools, hospitals, clinics, institutions, and judicial systems. The Hotline number is 701-234-9330, and is going well.
- H&I (Jeff H chair) has meetings in Cass Co Jail, Clay Co Jail, Clay Co Detox, and Clay Co Juvenile Centre. Applications are being submitted to Cass Co Jail for female addicts to start a women's NA meeting in that facility.
- Activities (Austin R. Chair) has planned the 2nd annual Freedom Fire Campout, the Now Campout (a new event), and the Fall Banquet that was held yesterday.
- An ad-hoc committee (Austin R. Chair) has been created to produce and distribute fliers to all the meetings listing the open positions at LAASC and UMRNA. LAASC open positions are RCM and parliamentarian. The chair position will be open in December. Activities Chair will be voted on at the next ASC.

LCASC:

- ASC elected Tina as Activities Chair, and Rob as RCM alt. In the process of electing chair, vice-chair, and secretary at ASC.
- Bismark is having a Halloween party at the Salvation Army.
- Workshops and dance after next ASC Nov. 11.
- Area is in the process of ordering info packs to be sent to institutions.
- H&I and PI have combined and are being called Outreach Program.

MASC:

- Phonline is continuing to receive lots of calls, and is still going strong.
- H&I pulled out of Prichard House due to constant scheduling problems within the treatment facility. All other commitments are doing well.
- PI donated 20 Basic Texts to the Winnipeg Public Library System. The Winnipeg Drug court requested meeting lists, literature and posters, as did the John Howard Society. The committee is also preparing tables and panels for national drug awareness week in November.
- MACNA 16 returned \$734.84 to the area.
- MACNA 17 Committee chair is Eva B. The convention will be held on June 15-17 at Robert A Steen Community Centre in Winnipeg, MB.
- H&I, PI and Phonline sub-committees held a Service Learning Day October 28 2006, with a Regional Presentation facilitated by the RCM. It was well received, and was followed by a potluck and games night.
- ASC has struck an ad-hoc committee to reconcile and audit the area bank account because the treasurer resigned and the books have not been kept for some time.

.....BREAK FOR 7 MINUTES - RE-OPEN WITH SERENITY PRAYER.....

10) Regional Delegate Reports**: (Presented by RD and RD alt jointly)

- RD: - Distributed copies of the budget from WSC.
- Submitted budget to region for RD

- Discussed Basic Text Project, Area Planning Tool, and Issue Discussion Topics
- Grateful to have served in this position.
- RDA: - Public Relations Manual is close to production, and should be out by the end of the year.
- WB was given the ability to revise and adapt service related material, and to develop and approve service related pamphlets and tools without having to get fellowship approval first. All recovery literature will still be sent to the fellowship for approval.
- The convention guidelines are being removed from the WS inventory as they aren't used.
- The human resources panel was asked to create a World Pool form that can be easily translated and used by people not seeking a WSC position. They were also asked for Nominees of WSC positions to have a written endorsement from an RSC or ASC if no RSC.
- Producing more targeted literature is a priority of WSC and working groups are in progress, the first one being for youth. There are many topics being discussed and considered.
- NA.org has an area for regional resource material at www.na.org/local_resources_area.htm.
- More pocket books are coming out soon.
- WCNA 32 is in San Antonio, Texas, August 29th – September 2, and pre-registration starts December 1st, 2006.
- RDA budget submitted to region.

**Please note that these minutes are a compressed and brief overview of the reports, and the full reports should be seen for more detailed information.

11) Sub-committee Reports:

Regional Activities:

- Elected positions are: Chris C.: V-Chair, Merchandise, Camping
Tim B.: Secretary, Outreach
Paul S: Graphics
Austin R.: Registration
Jennifer K./Aaron: Events Coordinators
John B.: Entertainment, Artwork
Jason M.: Workshops/Speakers
- Spiritual Refreshment: - The flyers have been proofed, printed and are ready for distribution.
- The possibility of overflow is to use the Lake 5 Resort if necessary.
- The next meeting is set for November 8th at Cashwise Deli in Fargo. Until further notice, we will be meeting twice monthly.

Fellowship Development:

- Meeting held weekly on Sundays, 5:30pm – 6:30pm at First Presbyterian Church, 650 2nd Ave. Fargo, ND.
- Have done lots of outreach and research in the Lake Agassiz area with the groups there.
- Distributed ten group starter kits.
- The groups that have been visited have become more involved with the area and many have attend the LAASC.
- Guidelines have been compiled and presented to the Region.
- Budget submitted to the region.

12) Ad-hoc Committee & Resource Reports:

Website: (emailed report)

- Since April there have been 6406 visits to the website.
- Monthly minutes from LAASC and MASC have been updated on the site.
- The annual cost of \$109 CA is due and has been paid.
- The website is now www.umrna.org, not .com.
- The mailing list at region@umrna.org seems to be going well.
- Budget submitted to region.

.....BREAK FOR 5 MINUTES - RE-OPEN WITH SERENITY PRAYER.....

13) Old Business:

- a) RD and RDA Elections – Done
- b) Budgets: Budgets were submitted and the following is the result of group conscience on the budgets.

Position / Committee	New Budget \$	Current Budget \$	Spent to date from current budget \$
Chair	150	75	132
Co-Chair	150	0	0
Secretary	125	100	0
Treasurer	100	300	51
FDC	1000	600	499.68
RD	550	100	104
RDA	1275 (x2)	178	1495
Website	185	183	156
UMR Admin	200	0	140 approx.
Total	3735	3138	2578

NOTE: Income this past budget year was \$2597, and our current bank balance is \$2419. Our expenditures to date are \$2865.58

Change in Quorum at 4:08pm. (The RD left.) 6 votes total now.

Budgets were approved by the RSC. Vote: 6-0-0

.....CHANGE TO THE ORDER OF THE DAY.....

Disbursements: done - closing balance is \$2355.89
 Treasurer's recap will be emailed out for inclusion in minutes.

.....RETURN TO THE ORDER OF THE DAY.....

- c) Discussion on Regional Convention moving to each area: - will be discussed next meeting.
- d) Regional Inventory Passed in March 2006: - will be discussed next meeting

Change in Quorum. (The treasurer left.) 5 votes total now.

14) New Business:

- a) Motion 3: To make a donation to World Services.
 Intent: To fulfill financial policies (Section 3, Part C, 8)
 Maker: Wes K. 2nd: ?.
 Motion to table to next RSC when treasurer can set a \$ amount: Maker Dena N. 2nd: Jim N.
 Vote: 5-0-0 Result: Tabled

Change in Quorum. The Chair has stepped away, and the Activities Chair is in his place. 4 votes total now.

- b) Motion 4: To approve current copy of FDC Policies and Guidelines.
 Maker: Dena N. 2nd: Wes K. Vote: 4-0-0 Result: passed

Change in Quorum. The Chair has returned. 5 votes total now.

Chair's Report – October 29, 2006

Greetings fellow addicts! I'm looking forward to my first meeting as Chair. We have a lot on our plate today with budgets, held-over elections, and some Old Business. Please let me know ASAP if you have any New Business. Also, please make sure you e-mail a copy of your reports to the Secretary, or whoever is doing the minutes from this meeting.

Paul S.

Here's some more information on business passed at the WSC.

The Public Relations Manual is close to the print and production stage. World Services is optimistic that it will be ready by the end of this year. They are also developing a PR Handbook quick-start guide, to give a basic overview of the material in the handbook. The Area Planning tool is being revised and they are expecting to release the updated version with the handbook.

The World Board was given the ability to revise and adapt service related material such as the Public Relations Handbook and the Area Planning tool as well as develop and approve service related information pamphlets and tools for distribution to the fellowship without having to send changes back to the fellowship for a vote. This seemed particularly important for information that changes a lot such as technology and some other resource related material. All recovery related literature would still be sent to the fellowship for approval.

The Convention Guidelines will be removed from World Services Inventory. This manual came out in 1988. World conventions current follow information in the *Guide to World Services*.

The Human Resources Panel was asked to create a simple one to two page Form for the World Pool to be used for workshops, workgroups and other activities. The idea was to have something easily translated and used by people not interested in seeking nomination to a WSC elected position. The Human Resources Panel was also asked to have any nominee for a WSC position endorsed in writing by an RSC or ASC if no RSC exists.

Producing more targeted literature was also considered a priority. This type of literature acknowledges people who wonder if they belong in NA. The first working group has been selected and it will work on literature for youth. Other Targeted Literature being looked at include: Medication in recovery, The benefits of NA service in personal recovery, Members with more clean time and how to inspire continued involvement in the fellowship, Older members and recovery and Issues regarding gender.

On the technology front: There is a New Area on the NA.org website where service committees can post their locally developed area and regional service resource material. www.na.org/local_resource_area.htm. I took a look at this and there are some interesting guidelines and other things. Check it out.

More Pocket-Sized Books coming out soon include: a soft-cover Basic Text, a pocket sized It Works, How and Why (with magnifying glass) and a new soft-cover Just For Today.

Registration and Hotel reservations for WCNA 32 in San Antonio, Texas August 19th-September 2 open on December 1st, 2006.

I have an extra copy of the Basic Text Review draft if anyone would like it.

Here's what I suggest for the RDA Budget: I decided to include $\frac{1}{2}$ of 2008 WSC costs in this year's budget so that it is earmarked for the following year:

- Hotel: \$600 (last time: \$535 - 9 Nights)
- Flight: \$600 (last time: \$406, latest West Jet: \$662CNx.9=\$596US)
- Per Diem: \$50 x 10 = \$500 (last time used \$311)
- Shuttle: \$50 (last time: \$47)
- CAR Report Photo Copying/Postage: \$100

Total: $(600+600+500+50+100) = 1850/2 = \925

Other: Travel to RSCs: $\$90 \times 2 = \180

1 GSR Assembly: Travel: \$90, Food \$40, Rent \$40 = \$170.

Total: $\$925 + \$180 + \$170 = \1275

Yours in Service

Wendy F
UMR RDA

UMR ACTIVITIES REPORT
October 29, 2006

Greetings:

First of all, I want to thank the RSC for electing me to this position. I am looking forward to the upcoming year and am very excited about the potential addition of other events outside of SR.

The UMR Activities has had two meetings. The first was to elect committee members and to discuss timeline for the upcoming regional activities. The second meeting was spent discussing merchandise and the proposal to have T-shirts and coffee mugs for sale this year. To date, the only event mentioned is Spiritual Refreshment XXIV. We have about 7-10 enthusiastic members in attendance and we are making progress toward the event. The following is a partial list of committee members and their positions.

Chris C.: V-Chair, Merchandise, Camping

Tim B.: Secretary, Outreach

Paul S: Graphics

Austin R.: Registration

Jennifer K./Aaron: Events Coordinators

John B.: Entertainment, Artwork

Jason M.: Workshops/Speakers

Others in attendance: Nicole K., Tyler K., George P., Jordana H.,

There may be some changes in the distribution of duties other than listed above. We still need a treasurer and that position should be filled at the next meeting.

The flyers have been proofed, printed and are ready for distribution. The committee decided to make a few adjustments to the scheduling of events this year. We are in negotiations with Beth at Fair Hills to stay on top of registration in order to keep a better count of availability of cabins and the possibility of overflow to the Lake 5 Resort if necessary.

We will be meeting bi-weekly and we encourage anyone to attend as we feel this is going to be an exciting event. Our goal is to fill the resort to capacity this year. And we have already submitted our request for beautiful warm weather again this year, so everyone be prepared for a scorcher... HoooAhhhhh!!!!

The next meeting is set for November 8th at Cashwise Deli in Fargo. Until further notice, we will be meeting twice monthly. Everyone interested in the planning of upcoming events is encouraged to attend. We are just getting started and you won't want to miss out on the fun.

In Service,

Dave W.
Chair

Upper Midwest Region of Narcotics Anonymous

Website Budget for 2006-2007

2005-2006 Actual Costs (US Dollars)

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|            |               |
|------------|---------------|
| 93.00      | Hosting       |
| 16.40      | Domain Names  |
| 25.00 (CA) | One-time fees |

2006-2007 Projected Costs (US Dollars)

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93.00	Hosting
16.40	Domain Names
0.00	One-time fees
=====	
109.40	Total

Yours in service,

Daryl F
Webservant Report

October 29, 2006

Since April we've had 6,406 visits to the website.

Updates to the site are monthly ASC minutes from Lake Agassis and Manitoba Areas with the occasional event flyer.

The annual cost of \$109 CA is due. I've mailed them a check on my Canadian account to avoid the fees for writing one against the UMR US account.

I secured the new name for website. Please begin using only the umrna.org name

for emails and in all written references to the website, ie;
<http://umrna.org>.

It will take a year or so to get rid of the umrna.com name safely.

I've prepared a budget. It shows the actual cost for last year and the projected costs for the new year.

The new mailing list, region@umrna.org, seems to be working well.

Sorry I was unable to attend the last RSC meeting.

I would like to thank Paul S. for stepping up to the Chair position.
And kudos to Jim N. for taking on the Secretary position.

Yours in service,

Daryl F.