

Upper Midwest Region of Narcotics Anonymous Meeting List

Updated February 4 2012

Email updates/corrections to info@umrna.org

Visit the Upper Midwest Region of Narcotics Anonymous Website: www.UMRNA.org

Neighboring NA Regions: Ontario: www.orcna.org; Minnesota: www.naminnnesota.org; Montana: www.namontana.com; South Dakota: www.sdrna.com

<u>City</u>	<u>State</u>	<u>Day</u>	<u>Time</u>	<u>Group Name</u>	<u>Building</u>	<u>Address</u>
Alexandria	Minnesota	Tue	7:00PM	Recovery by the Lakes	Marion	700 Cedar St
Alexandria	Minnesota	Thu	7:00PM	Recovery by the Lakes	Marion	700 Cedar St
Alexandria	Minnesota	Sat	4:00PM		Alano	1604 Jefferson St
Bismarck	North Dakota	Sun	8:00PM	Never Alone, Never Again	Bible Baptist Church	1100 E Ave B.
Bismarck	North Dakota	Mon	8:00PM	20 Somethings	Salvation Army (backdr)	601 S Washington St
Bismarck	North Dakota	Wed	8:00PM	Circle of Serenity	Trinity Lutheran Church	502 N 4th St
Bismarck	North Dakota	Wed	6:30PM	Women's Way NA	Heartview	101 East Broadway
Bismarck	North Dakota	Thu	8:00PM	Eastenders NA	Grace Lutheran Church	503 N 24th St
Bismarck	North Dakota	Fri	8:00PM	Keep the Faith NA	Faith Lutheran Church	1402 E. Ave. C
Bismarck	North Dakota	Sat	8:00PM	Saturday Night Live NA	New Freedom Center	905 E. Interstate Ave.
Crookston	Minnesota	Mon	6:30PM	Monday Serenity Group	Glenmore Recovery Ctr	323 S. Minnesota St
Crookston	Minnesota	Friday	8:00PM	Rock Bottom		
Detroit Lakes	Minnesota	Mon	8:00PM	Monday Step Study	Holmes	827 Summit Ave
Detroit Lakes	Minnesota	Wed	8:00PM	Living The Moment	Holmes	827 Summit Ave
Detroit Lakes	Minnesota	Fri	8:30PM	Friday Night NA Meeting	Holmes	827 Summit Ave
Detroit Lakes	Minnesota	Sat	10:00PM	Candlelight Meeting	Holmes	827 Summit Ave
Devils Lake	North Dakota	Mon	8:00PM	Monday Nite Candlelight		312 4th St
Devils Lake	North Dakota	Fri	8:00PM	Friday Night NA		312 4th St
Dickinson	North Dakota	Tue	7:00PM	Dopeless Hope Fiends	St. John's Episcopal Cr	5th Ave & 8th St
Dickinson	North Dakota	Thu	7:00PM	Dopeless Hope Fiends	United Methodist Church	1st Ave & 3rd St W
Fargo	North Dakota	Sun	7:00PM	Young People's Group	1st Presb. Chruch	650 2nd Ave N
Fargo	North Dakota	Sun	8:00PM	Sunday Clean and Free	1st United Methodist	906 1st Ave S
Fargo	North Dakota	Mon	12 Noon	A Break in the Day NA	UU Church	121 9th St S
Fargo	North Dakota	Mon	6:30PM	Sherwood Group	St. Marks Church	670 4th Ave N
Fargo	North Dakota	Mon	6:30PM	Women's Step/Trad	1st Presb. Chruch	650 2nd Ave N
Fargo	North Dakota	Mon	8:00PM	Monday Candlelight	1st United Methodist	906 1st Ave S
Fargo	North Dakota	Tue	12 Noon	A Break in the Day NA	UU Church	121 9th St S
Fargo	North Dakota	Tue	6:30PM	Poop In A Group	1st Presb. Chruch	650 2nd Ave N
Fargo	North Dakota	Tue	8:00PM	H.O.W. Group	Edgewood Church	3000 Elm St N
Fargo	North Dakota	Wed	12 Noon	A Break in the Day NA	UU Church	121 9th St S
Fargo	North Dakota	Wed	7:30PM	Just For Today NA	New Life Ctr, South Door	1902 3rd Ave N
Fargo	North Dakota	Thu	12 Noon	A Break in the Day NA	UU Church	121 9th St S
Fargo	North Dakota	Thu	8:00PM	It's A Good Thing		3910 25th St S
Fargo	North Dakota	Fri	12 Noon	A Break in the Day NA	UU Church	121 9th St S
Fargo	North Dakota	Fri	9:00PM	Friday Speaker Meeting	St. Marks Church	670 4th Ave N
Fargo	North Dakota	Sat	12 Noon	A Break in the Day NA	UU Church	121 9th St S
Fargo	North Dakota	Sat	7:30PM	Sat Addict's Meeting	Pontoppidan Church	309 4th St N
Fargo	North Dakota	Sat	10:00PM	NA After Dark	Our Saviours Church	610 13th St N
Fergus Falls	Minnesota	Sun	7:00PM	Sun Night NA "That's It"	Alano Club	215 E Junius
Fergus Falls	Minnesota	Mon	12:00PM	The Nooner	Our Lady of Victory Cr	207 N. Vine St
Fergus Falls	Minnesota	Tue	8:00PM	"That's It" NA	Alano Club	215 E Junius
Fergus Falls	Minnesota	Thu	8:00PM	"That's It" NA	Alano Club	215 E Junius
Fertile	Minnesota	Sat	10:30AM	Just For Today	Knutson Comm. Center	Community Center
Grafton	North Dakota	Thu	8:00PM	Clean and Serene		98 E 5th St
Grand Forks	North Dakota	Sun	8:00PM	Living In Recovery		2122 University Ave

Grand Forks	North Dakota	Mon	7:30PM	NA For All	Library-front door	1111 Gateway Dr NE
Grand Forks	North Dakota	Tue	8:00PM	We Do Recover	Antenna Building-Upstairs	401 7th St N
Grand Forks	North Dakota	Wed	8:30PM	Living In Recovery		2122 University Ave
Jamestown	North Dakota	Mon	7:30PM	Jamestown Overcomers	Hillcrest Christian School	116 15th Ave. NE
Jamestown	North Dakota	Wed	5:30PM	Necessary Serenity	Alano Building	518 10th Ave SE
Jamestown	North Dakota	Fri	8:00PM	J.O.N.A. Candlelight	Hillcrest Christian School	116 15th Ave. NE
Jamestown	North Dakota	Sat	6:30PM	On the Road to Grace	Grace Episcopal	402 2nd Ave NE
Mandan	North Dakota	Tue	8:00PM	Frankly Earnest NA	1st Presb. Chruch	310 3rd Ave NW
Minot	North Dakota	Sun	8:00PM	Sunday Night Regulars	New Life Lutheran Chrch	710 46th Ave NE
Minot	North Dakota	Mon	8:00PM	Reaching Out	St. Joes Hospital (NE Corner bsmnt)	407 3rd St. SE
Minot	North Dakota	Tue	8:00PM	Principles Before Personalities	New Life Lutheran Chrch	710 46th Ave NE
Minot	North Dakota	Thu	8:00PM	Men's and Women's Discussion	Faith United Methodist	801 W University
Minot	North Dakota	Fri	8:00PM	Friday Night Freedom Group	New Life Lutheran Chrch	710 46th Ave NE
Minot	North Dakota	Sat	8:00PM	Saturday Night NANA	Our Redeemers Church	700 16th Ave SE
Moorhead	Minnesota	Wed	7:00PM	Service with a Smile	High School Rm 227B	2300 4th Ave S
Moorhead	Minnesota	Fri	7:30PM	Friday Fellowship	Trinity Lutheran Rm 216	210 7th St S
Morris	Minnesota	Sun	8:00PM	Easy Does It NA	Easy Does It House	East 1st St
Park Rapids	Minnesota	Sun	6:00PM	Vision of Hope NA	Cavalry Lutheran	112 Park Ave S
Park Rapids	Minnesota	Wed	6:00PM	Got Recovery NA	Essentia - Bsmnt Room B & C	705 Pleasant Ave
Park Rapids	Minnesota	Thu	7:00PM	Vision of Hope NA	Cavalry Lutheran	112 Park Ave S
Perham	Minnesota	Mon	7:00PM	Perham Solutions Group	Alano Club	Chy 34
Wahpeton	North Dakota	Mon	8:00PM	Just For Today	United Church of Christ	1202 Sestmore Ave
Williston	North Dakota	Wed	8:00PM	Freedom NA	Papa Jacks	1924 6th Ave E
Williston	North Dakota	Fri	6:45PM	Freddom NA	Papa Jacks	1924 6th Ave E
Williston	North Dakota	Sat	9:30PM	Freedom NA Candlelite	Papa Jacks	1924 6th Ave E